



2008 TESA Summer Work Conference

BREAKOUT SESSIONS

THURSDAY, JUNE 19, 2008

1:30 PM to 4:30 PM

Extended Sessions

101 “Building Relationships with Influence”

Pete Hinojosa, Quest Leadership Dynamics

Join national speaker and author A. G. “Pete” Hinojosa and *DISCOVER* how to build lasting relationships with influence. Workshop highlights include discover the model of human behavior, are you an influencer or controller, how to better understand people and their needs, looking at each members strengths in an organization or team, and understanding in and out of control behavior.

(Session is eligible for STEM credit with payment of \$5.00 fee.)

102 “Purposeful Intentionality”

Ron Klinger, University of Houston – Clear Lake

Much of what we do in life is done in a reactionary state or modality of operation. What if we were able to live our lives differently? What if we were able to shift the actions we took on a day-to-day basis from being reactionary to living a life of proactive results? This session will explore, on a very personal level, how well we balance our personal work lives. Specific tools and action items will derive from this session and results will be produced! Be prepared to look into the mirror of accountability and honesty. This session is designed specifically for those who want MORE from life and are WILLING to do what it takes to get what they desire and deserve! Out with reactionary thinking, and in with proactive planning and purposeful intentionality to living life large!

(Session is eligible for STEM credit with payment of \$5.00 fee.)

103 “Play Your Cards Right... You’re a Winner Every Time”

Debbie Wade, San Jacinto College

In this fun and interactive session, we will share the secret of holding the “winning hand” in People Power! We will learn how to “deal” positive “cards” in life and while working in any setting. Learn why playing with a “full deck” can lead to the winning combination for being the very best you can be and for delivering outstanding professional customer service.

(Session is eligible for STEM credit with payment of \$5.00 fee.)

FRIDAY, JUNE 20, 2008

8:15 AM to 9:30 AM

201 “Moving Out of Your Comfort Zone”

Pete Hinojosa, Quest Leadership Dynamics

We all experience change in our lives. Come and Join Pete Hinojosa as he presents the dynamics of moving outside of your comfort zones. You will also discover how to recognize where your personality either accepts change or challenges it. Also included are Seven Steps to Continued Success throughout your life!

202 “Customer Relations for School Support Staff”

Debra Chenault, Region 4 ESC

Identify strategies and techniques for developing positive customer relationships.

203 “Dating Violence: An Overview”

Laura Hodges, Harris County Department of Education

An overview of dating violence will be presented, including a definition and behaviors associated with dating violence. Discussion will include why dating violence occurs, how to assist friends who are in violent dating situations, increasing communication, and prevention.

204 “Life should be lived in 3D”

Barbara Jennings

This session will cover the question, “Are we ready to give the single greatest gift?” How to live life in 3D, and what 3D’s we can use to live the greatest life possible.

205 “Say What?”

Amy Ammerman, San Jacinto College

In this interactive session, learn strategies of Assertive Communication. Participants will explore their communication styles, discover healthy ways to get their point across, and practice the skill of assertiveness. Come away from this session with the know-how to engage in Assertive Communication at work, home, play, and in business transactions.

206 “Attendance Accounting – Rules and Concerns”

David Loseke, Texas Education Agency

This talk will discuss the rules for student attendance accounting, recent changes, and the Agency’s interpretation of these guidelines. Additionally, there will be chances to ask questions for anything that relates to student attendance accounting.

207 “Turn Your Lemons into Lemonade and Enjoy the Sweet Taste of Success”

Bonnie Ortega, Ysleta ISD

Lemons’ are the hurtful and sad things that have happened to us during our lifetime. Our “lemons” may be insecurities and fears that keep the true loving, caring intelligent, dynamic and confident person from emerging. Because of our “lemons” we may tend to hide the best of ourselves from everyone around us – including ourselves. In this interactive session, participants will individually and privately identify and explore ways to reduce the impact of the “lemons” in their lives.

208 “What’s Your Crazy?”

Amy Ruiz, San Jacinto College

Am I crazy or normal? Learn how your personality can help or hinder your relationships at work and at home by taking a personality assessment. This will be fun and exciting to share with your supervisor, coworkers, family and friends.

209 “Special Education 101”

Dr. Loree Bruton, Channelview ISD

Learn about the history of special education, various types of disabilities, and the most recent legislative changes in special education.

210 “Empowering Your Local Association”

Dianne Lemons and Debbie Faires, Mesquite ISD

Learn ideas and tips for membership drives, fundraisers, publications, and websites. Also, discover how MEPA utilizes staff development days for maximum meeting attendance.

211 “Education Service Center Membership Council Session”

Linda Alsbrooks, Region 10 ESC

Do you have great ideas and solutions to share? Do you have job related problems you need solved? You will have an opportunity to discuss your successes and your problem areas with people from around the state who are doing jobs like yours.

212 “First Timers Session”

Hosted by TESA Past Presidents

TESA Past Presidents Association invites all First Timers to SWC to join us and learn more about TESA... Past, Present, and Future.

213 “Administrative Membership Council Session”

Gail Haynes, Midlothian ISD

Do you have great ideas and solutions to share? Do you have job related problems you need solved? You will have an opportunity to discuss your successes and your problem areas with people from around the state who are doing jobs like yours.

214 “Secondary Membership Council Session”

Irene Pena, New Caney ISD

Do you have great ideas and solutions to share? Do you have job related problems you need solved? You will have an opportunity to discuss your successes and your problem areas with people from around the state who are doing jobs like yours.

FRIDAY, JUNE 20, 2008

1:30 PM to 4:30 PM

301 “Your TRS Benefits – Now and in the Future”

Joanne Holshouser, Texas Retirement System

This session will include an overview of TRS benefits. General information will be provided on retirement, disability, death and survivor benefits. It will also include changes in the laws that have gone into effect since September 1, 2005. In addition, you will be provided with various ways to contact TRS when you need to. There will be a question and answer period at the close of the session.

FRIDAY, JUNE 20, 2008
1:30 PM to 2:45 PM

302 ***“Chicken One Day; Feathers the Next – The Joys of Dealing with Stress”***

Eugene Buford, LaPoynor ISD

Stress is a fact of life, how you deal with it is up to you. This session will provide you with strategies that create opportunities for you to handle the stress you deal with on a daily basis. Laughter, attitude and love are daily essentials you can use.

303 ***“Dating Violence: An Overview”***

Laura Hodges, Harris County Department of Education

Repeat of previous session.

304 ***“Overcoming the Fear of Public Speaking”***

Karen Barbier, University of Houston – Clear Lake

Speaking in public doesn't have to be scary. In this session, Karen Barbier will share tips and techniques for feeling more at ease in front of a crowd. Attendees will learn the importance of making eye-contact, using props and editing speeches for specific time requirements.

305 ***“Say What?”***

Amy Ammerman, San Jacinto College

Repeat of previous session.

306 ***“Good to Great – Leaders & Team Builders”***

Debbie McFadden, University of Houston-Clear Lake

Everyone can be a good leader but are you a Great one? Do you have that winning team to make you look great? Tips on being a great leader and having that winning team to get the job done and make everyone a success!

307 ***Avery Office Products***

Dale Osberg

Everything you need in office products to organize and simplify your working environment.

308 ***“What's Your Crazyiness?”***

Amy Ruiz, San Jacinto College

Repeat from previous session.

309 ***“Elementary Membership Council Session”***

Gloria Cantu, Bloomington ISD

Do you have great ideas and solutions to share? Do you have job related problems you need solved? You will have an opportunity to discuss your successes and your problem areas with people from around the state who are doing jobs like yours.

310 ***“President and President Elect”***

MaryAnn Hollingsworth, Texas State University – San Marcos

Presidents and President Elects are welcomed to bring your questions and ideas for an interactive discussion on your role as a leader. Come share your ideas with others on what your association is doing.

311 ***“Higher Ed Membership Council Session”***

Diane Rodriguez, Tarleton State University

Do you have great ideas and solutions to share? Do you have job related problems you need solved? You will have an opportunity to discuss your successes and your problem areas with people from around the state who are doing jobs like yours.

312 ***“Red Hat Society: Aging with Dignity and Help from Friends!”***

Wendy Klentzman, Alvin Community College

Come wearing your Red Hat and purple or your Pink Hat and lavender (depending on your age). Learn about the “Red Hat Society”; how it started and where it has gone in such a short time. This is a story about women who support each other at a time in their lives when support from friends is so important. Come and have fun!

FRIDAY, JUNE 20, 2008

3:00 PM to 4:15 PM

402 ***“Chicken One Day; Feathers the Next – The Joys of Dealing with Stress”***

Eugene Buford, LaPoynor ISD

Repeat of previous session.

403 ***“The Whole Meaning of Wellness...”***

John Ramirez, Memorial Hermann Wellness Center

What is wellness and how do I get everyone to understand the concept of a lifestyle change. How do I commit to wellness for life?

404 “Overcoming the Fear of Public Speaking”

Karen Barbier, University of Houston – Clear Lake

Repeat of previous session.

405 “Meeting the Needs of Your Culturally Diverse Student Population”

Kelly Cline, Region 4 ESC

Examine culturally appropriate instructional strategies that meet the needs of the diverse student population. Participants will review district demographics, explore alternative teaching methods and recognize cultural contributions in an effort to close the achievement gap and increase academic achievement for all students.

406 “STEM Overview”

Juneanne Holder, TESA Stem Chairman

This session is an overview of the STEM program including requirements, changes, new courses, and consultant opportunities.

407 “Are You Relying on Pension Income for Your Retirement?”

John McDonough, AXA Equitable

Paying into TRS for 20 years replaces about 46% of your salary at retirement. Social Security generally pays for only about 40% of the pay you received while working. Where will your retirement funds come from? In this session you will learn about planning for your retirement. Topics covered will include 403 (b) plans, 457 (b) plans, 401 (k) plans, IRA's, and optional retirement plans.

408 “NAEOP – Your National Professional Association”

Linda Sockwell, NAEOP President

This session will be a general overview of NAEOP as an organization and the PSP Program. All attendees will receive the 2007-2008 NAEOP Presidential Pin.

409 Avery Office Products

Dale Osberg

Everything you need in office products to organize and simplify your working environment.

410 “Line Dancing TESA style”

Cindy Walker, Bangs ISD

Come join the fun of learning line dances and being with others who love to dance. We will dance and laugh a lot–Good for the Heart!

SATURDAY, JUNE 21, 2008

8:15 AM to 9:30 AM

501 “Winner Take All: Healthy, Fit and Wise”

Ninfa Pena-Purcell, Texas AgriLife Extension, Texas A&M System

Win with wellness! Learn, have fun and be energized to take control of your health! This interactive presentation will discuss practical disease prevention tips, simple ideas to become more active and helpful suggestions to make wise health care decisions. As you will find out in this talk, experiencing a life of good health doesn't have to be a matter of chance but choice.

502 “On the Mountain Top or in the Mud – Keep Moving!”

Jodi Thomas, West Texas A&M

New York Times best selling author of 26 novels will take everyone through a creative workshop of goal setting and reaching your potential in life.

503 “First Things First”

Marsha Moore, Texas State University – San Marcos

Learn some tricks for putting “First Things First” in you life through help from Franklin Covey “7 Habits for Highly Effective People” Workshop.

504 “Behind the Screen”

Matt Gray, Pasadena ISD Police Department

This session explores the behind the scene investigation into online predators and offers valuable tips and strategies to implement computer safety at work and home.

505 “Decorating Made Easy”

Ann Sperry, University of Houston – Clear Lake

This interactive session will provide great ideas on creating beautiful arrangements using available flowers for easy decorating.

506 “Good Morning Angels!”

Vicki Marvel, Alvin Community College

Just like Charlie's Angels, your mission is to aspire to awesome teamwork, great goal setting, and resounding risk taking!!! This mission is “not impossible!”

507 “To Your Credit”

The Women’s Resource of Greater Houston

An important step to financial security is understanding your credit report and building a positive credit history. This session will provide you with general information on credit reports, how to repair credit, and available resources.

508 Avery Office Products

Dale Osberg

Everything you need in office products to organize and simplify your working environment.

509 “TESA Past Presidents Meeting”

Peggy Hudson, TESA Past President-

Semi-annual Meeting of the TESA Past Presidents Association.

510 “Mapping Your Legacy – Understanding Your Immediate and Ultimate Responsibility”

Adrian Robinson, AR Experiential Education

This session will help you navigate through events in your life that have influenced you, plus, help you understand the influence you have on others from a leadership prospective.

511 “What Are Your Clothes Saying About You?”

Wendy Klentzman, Alvin Community College

People are forming an opinion about you as soon as you walk into the room. Is your attire making the right statement? How should you dress for work, for entertaining, exercising, lounging or gardening? Learn how to inexpensively build your wardrobe for the right impression!

SATURDAY, JUNE 21, 2008

1:30 PM to 2:45 PM

601 “Basic First Aid”

American Red Cross – Greater Houston Chapter

In this session receive information on basic first aid including how to handle conscious choking, head injury, stroke, heart attack, and broken bones. **Session is limited to 25 participants.**

602 “Winner Take All: Healthy, Fit and Wise”

Ninfa Pena-Purcell, Texas AgriLife Extension, Texas A&M System

Repeat of previous session.

603 “Delivering Quality Customer Service”

Ron Klinger, University of Houston – Clear Lake

Participants will have the opportunity to assess, address and define quality service practices. In today’s economies of scale delivering quality customer service is one of the deciding and determining factors that help to keep organizations in business. Come prepared to be highly involved and engaged. You will be asked to identify WIFFY as well as creating an action plans as to how YOU can be the best of the best in delivering quality customer service in your area of influence!

604 “Behind the Screen”

Matt Gray, Pasadena ISD Police Department

Repeat of previous session.

605 “Marvelous Motivations”

Vicki Marvel, Alvin Community College

Do you get up every work day morning and say “Yes, I get to do my job today!!!” If your answer is “no” Vicki can show you how to make it a resounding “YES!!!”

606 “Decorating Made Easy”

Ann Sperry, University of Houston – Clear Lake

Repeat of previous session.

607 “Money Matters”

The Women’s Resource of Greater Houston

Budgeting is about choices – choosing how to make money and choosing how to spend money. This session will help you with some of the basics in preparing a personal budget.

608 “How to Deal with Difficult People”

Ella Moreaux-Bourgeois, Channelview ISD

This presentation will provide you with some tools to help resolve conflict and deal with difficult people. Participants will learn effective strategies that maintain high energy and optimism to resolve “issues” at the work place. We will explore methods for preventing and handling problems while maintaining your dignity and sanity.

609 “Line Dancing TESA style”

Cindy Walker, Bangs ISD

Come join the fun of learning line dances and being with others who love to dance. We will dance and laugh a lot–Good for the Heart!

SATURDAY, JUNE 21, 2008

3:00 PM to 4:15 PM

701 “Am I Doing What Will Last”

Barbara Jennings

This session will cover what we can do to leave a positive legacy. Questions we need to ask ourselves regarding our actions, and how we will know if what we are doing will last.

702 “Parliamentary Procedures for the Novice; Presented by a Novice”

Gerald Wharton, Grapevine-Colleyville

Parliamentary Procedures – don’t be afraid! This will be a broad brush presentation of Parliamentary Procedures that are typically used in everyday association meetings. This will be your opportunity to hear basic information, share experiences; ask questions; and be prepared to run your next meeting.

703 “SMILE... It Does A Body Good!”

Debbie Wade, San Jacinto College

Smiles are good for the body, soul, mind, and heart. Smiles come in all shapes, sizes, colors and sounds. What makes you smile? Enjoy this fun, stress-free session and leave your worries outside.

704 “Turn Up the Heat!”

Jana Worthington, Weatherford ISD

Are you ready to commit to better results in your personal and professional life? Come learn about a small principle that can make a huge difference!

705 “3”P’s” for Professional & Personal Success”

Linda Sockwell, NAEOP, Richardson ISD

This session will talk about how to set and reach goals in both our personal and professional lives despite challenges that we all face by determining what works best for each of us.

706 “Change Happens!”

Shirley Haswell

This session looks at the change process, examines its impact on us, and suggests strategies for coping with these changes.

707 “Take the Bucket Challenge”

Peggy Hudson, Leander ISD

The best seller, *How Full is Your Bucket?*, reveals how even the briefest interactions affect your relationships, productivity, health, and longevity. Think about your last interaction with another person – did that person “fill your bucket” or dip from your bucket? Did they leave you with a positive feeling or negative feeling? Join us for an enjoyable session as we learn more about positive relationships that help us as we build strategies for work and life.

708 “M & M’s For Everyone!”

Ella Moreaux-Bourgeois, Channelview ISD

Participants will learn the “M&M’s” of the work place. “Management” of your time at work and “meeting preparation”. We will explore quick & easy tips to help you manage your time and daily work schedule. Also, how to prepare for meetings at the campus and district level.

709 “Line Dancing TESA style”

Cindy Walker, Bangs ISD

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